



Dear State of Michigan Employees:

The Employee Health & Wellness team invites employees to write your "journey to wellness" story.

Our WOW--WORKING ON WELLNESS website features stories of employees that have had *the courage to share what has worked for them... that in turn encourages others.*

Please submit a story:

(No names & work location used)

mdcs-wow-workingonwellness@michigan.gov

If you have any questions, please also contact us @ (517) 373-2814.

Thank-you for your story.